

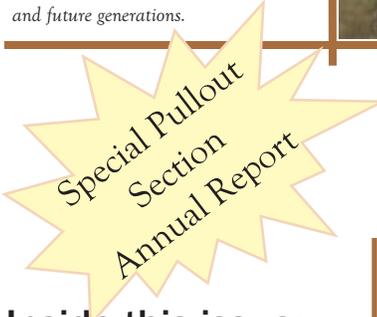
# Oakland Township Parks and Recreation Commission Newsletter

Fall 2016

The Mission of Oakland Township Parks and Recreation Commission is to provide a sustainable system of parks, trails, programs, amenities, and services which create memorable experiences and a sense of place, contributes to the economic value of the Township and preserves the historical and natural heritage of the landscapes for existing and future generations.



Marsh View Park Improvements Groundbreaking July 6, 2106



## JULY 6TH GROUNDBREAKING SUPPORTS VISION FOR MARSH VIEW PARK

Director Mindy Milos-Dale

At the conclusion of the July 6<sup>th</sup> groundbreaking festivities at Marsh View Park Oakland Township residents and employees got the opportunity to try target shooting at the park's archery range which is being enlarged to host experienced archers and archery tournaments. This groundbreaking was the culmination of Oakland Township Parks and Recreation Commission's years of careful planning, consideration and deliberation. After the Rochester Regional Chamber of Commerce and the Oakland County Sheriff's Office presented congratulatory certificates, Oakland Township Trustees and Parks and Recreation Commissioners jointly raised their shovels to commemorate this long-awaited event.

In 2001, Marsh View Park was purchased with the intention of providing Oakland Township's first active outdoor recreation facility. Matching funds from our Township's Parks and Recreation millage, combined with more than \$2 million dollars in Michigan Natural Resources Trust Fund grants, financed the original purchase of this park and the addition of facilities in 2010 including sports fields and an archery range.



Trustee Frank Ferriolo tries his hand at archery with Instructor Clif Selent

Oakland Township Parks and Recreation Commission's hope for Marsh View Park was that it would provide a place for children, individuals, organized groups and families to experience, enjoy, and develop their skills in lifetime sports, such

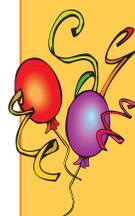
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#### Special points of interest:

- ◆ Goodison Good Tyme!
- ◆ Programs/Kayaking/Archery
- ◆ Paint Creek Trail
- ◆ Safety Paths & Trails



## Goodison Good Tyme

Saturday, September 17, 2016 11 am-3 pm FREE EVENT!

Join us for this fun annual event! Balloon artist, face painters, archery shoot, t-shirt stenciling, zip line and more!

See page 3.

## What's New in the Parks

### **State Grant Requested to Expand Stony Creek Ravine Nature Park**

Oakland Township Parks and Recreation Commission (OTPRC) has re-applied for a Michigan Natural Resources Trust Fund Grant (MNRTF) to aid in funding the expansion of the 60-acre Stony Creek Ravine Nature Park (SCRNP). The \$2.2 million grant, matched by \$740,000 in Township Land Preservation funds, would enable the PRC to purchase the 209 acres adjacent to the eastern boundary of SCRNP. This additional land would protect natural areas, provide area for several additional miles of trails, connect trail and ecological corridors between Stony Creek Ravine Nature Park and Stony Creek Metropark, and provide visitor access from Snell Road. Grant recommendations will be made in December.



*Dr. Ben VanderWeide and Specimen Oak Tree at SCRNP Expansion site.*

### **Improvements to Cranberry Lake Park Northern Trails**



*Improvements underway at Cranberry Lake Park's north trail*

Ever-increasing numbers of walkers, bicyclists and equestrians are discovering and using the connection between the Cranberry Lake Park (CLP) and Addison Oaks Park trails. Unfortunately the volunteer-built boardwalks that cross CLP's low-lying trail areas are no longer capable of supporting this rising use. Knowing that trail improvements are our residents' highest priority, the Parks and Recreation Maintenance staff offered to provide the labor to install limestone trail surfacing and drainage improvements here at a considerable savings compared to contracting. As of mid-July they have already completed 20% of the resurfacing and are reusing the existing boardwalks to cross other wet trail areas in our Township Parks.

### **Paint Creek Streambank Stabilization**

Township residents may not realize that our Parks and Recreation Department is responsible for maintaining the Township's 5.3-mile section of the Paint Creek Trail property, including the Paint Creek itself. This autumn several creek access areas will be repaired where streambank erosion is undermining existing structures including a wooden walkway located between Gallagher and Silverbell Roads and a wooden stairway located north of Adams Road. A combination of strategically placed field stone, river rock, and ledge rock with native plantings will be used to stabilize the streambank in these areas.



*Streambank erosion undercutting stairway along Paint Creek*

# Goodison Good Tyme!

September 17, 2016

11am - 3pm

Bear Creek Nature Park  
740 West Snell Road

Join us for this GREAT annual event!

Free Admission!

## CRAFTS

Stencil a Nature T-Shirt

## FOOD

Free Hotdogs  
and Popcorn

## FREE FUN

Face Painters ▲ Balloon Artist  
Stiltwalker

## ACTIVITIES

Rock Wall Adventure

Parks, Recreation &  
Stewardship Program Tables

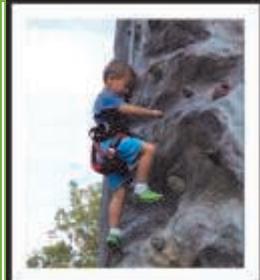
Archery Shoot

Zip Line

## COMMUNITY

Historical Displays  
Crafts and a Bake Sale

Sponsored by Oakland Township Parks & Recreation Commission

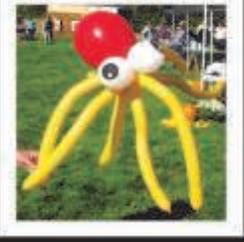


Crafts!

Zip Line!



Archery!





# Oakland Township Parks and Recreation Fall Programs 2016

Call 248-651-7810 to register or visit our website  
for registration mail in page. [www.oaklandtownship.org](http://www.oaklandtownship.org)

## Fall Mushrooms of Michigan - Adults 18+

Saturday, September 10, 9:30am - 11:30am

Lost Lake Nature Park, Nature Center, 846 Lost Lake Trail, Oakland, MI 48363



Take a tour of the amazing world of mushrooms! We will learn about where they grow and how they grow while inspecting numerous samples up close. Discover the many types of mushrooms in Michigan in this unique and very hands-on program from a mushroom expert. We'll take a walk (no picking) to search for mushrooms in the park too! There is no substitute for the excellent opportunity of doing a mushroom hunt with a true mushroom expert! Led by Phil Tedeschi from Michigan Mushroom Nature Club.

Residents: \$5 Non-residents: \$7 Register by: Sept. 2

Classes fill quickly - Register Early!

Registration form on page 11



## Marsh Birds of Oakland Township - Adults 18+

Sunday, September 25, 2016, 1 - 2pm

Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI, 48363

Have you ever wondered what those large birds loitering in marshes, bogs, and prairies are?

Join our birding expert as she takes you on an educational adventure into the whimsical world of the sandhill crane, the great blue heron, and the egret! In this all-encompassing class participants will learn about the diets, calls, habitats and behaviors that make these brilliant birds so incredibly fascinating to observe.

Residents: \$5 Non-residents: \$7 Register by: Sept. 19

## The Nature of Chocolate - Adults 18+

Thursday, October 13, 2016, 7 - 8:30pm

Paint Creek Cider Mill, 1st floor Conference Room, 4480 Orion Rd., Rochester, MI 48306



Become a chocolate expert and learn what makes chocolate so delicious! This interpretive program looks at the history, ecology and manufacturing of one of our favorite treats. Join Laurel Zoet, naturalist and former pastry chef for an interesting and indulgent night with eight chocolate samples provided for tasting.

Residents: \$5 Non-residents: \$7 Register by: Oct. 6

Classes fill quickly - Register Early!

Registration form on page 11



## The Great Pumpkin Roll - Family, All Ages

Friday, October 7, 2016, 8 - 9:30pm

Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI, 48363

We excitedly invite you to celebrate the majesty of the orange pumpkin by engaging in the largest pumpkin bowling course ever imagined. We will be turning on the spotlights surrounding the Lost Lake sledding hill and setting up trashcan pins at the bottom of the hill. Participants will have to carry their ammunition to the top of the hill, aim true, and then send their pumpkin careening back down with the intention of obliterating the cans. This ultimate celebration in pumpkin destruction wouldn't be complete without a snack so expect cider and doughnuts to keep you energized and climbing that hill.

Residents: \$5 Non-residents: \$7 Family Max 4 or more \$20/\$28 Register by: Sept. 30

## Halloween Walk for Younger Kids - Ages 3 - 6 years



Friday, October 28, 2016, 4 - 5pm

Bear Creek Nature Park, 740 W. Snell Rd., Rochester, MI 48306

Classes fill quickly - Register Early!

Registration form on page 11

Halloween doesn't always have to be a scary walk in the dark. Join us at Bear Creek Nature Park for a fun costumed hike through the trails as we try and locate all the hidden pumpkin caches of candy! This trick-or-treating adventure is the perfect event for the younger crowd as it features nothing spooky, scary, or creepy. We will be providing all the participants with the materials required to put together a collection bag to store all of their treats and treasures that are collected throughout the trails. Afterwards, you will be given a map and sent out on a short walk to try and find all the carefully placed pumpkins out on the trail and see if they contain tricks or treats. Will you get a pumpkin filled with creamed corn or candy? The only way to know is to go out and find them.

Residents: \$5 Non-residents: \$7 Register by: Oct. 21

## HOWLeen - Children Ages 7+

Saturday, October 29, 2016, 6:30 - 8pm

Cranberry Lake Park, 388 West Predmore, Oakland, MI 48363



When the comfort of the sun dips below the horizon we find ourselves standing in a new world, within the nocturnal world. Here, things move stealthily, and quietly, but none compare to the sheer silence of the owl. Join a naturalist at Cranberry Lake for a program that will certainly be a real hoot. We will look at owl feathers, talons, tails, beaks, skulls and even their regurgitated pellets! We will head into the woods with flashlights and owl calls and see if we can't get one of the 'Tigers of the Sky' to respond. Afterwards we will put together an articulated skeleton from what we find in the pellets.

Residents: \$5 Non-residents: \$7 Register by: Oct. 21



## Full Moon Walk & Glow T-Shirts - Family, All Ages

Saturday, November 12, 2016, 7 - 9pm

Cranberry Lake Farm Historic District, 388 West Predmore, Oakland, MI 48363

In the movie "Night at the Museum" the exhibits come alive when the sun goes down. Ever wonder what happens at Cranberry Lake after the park closes for the night? Normally the parks close at dusk but your family just got an inside pass on a unique adventure. Join a naturalist as we take an inside tour of the park...after dark! The fields and woods of Cranberry Lake transform into an entirely different world when the sun goes down. We will use the light of the Harvest Moon to guide us in this fascinating walk as we discover a totally new world. The walk will be informative, fun, and approachable for all ages. We'll learn that the dark isn't so scary after all and that some animals only feel safe outdoors when it's dark. Back at the barn we will use glow in the dark paint to stencil our very own 'night creature' t-shirt.

Residents: \$5 Non-residents: \$7 Family Max 4 or more \$20/\$28 Register by: Nov. 4

## Rudolph Where's Your Nose So Red? - Family, All Ages

Saturday, December 10, 2016, 11am - 12:30pm

Cranberry Lake Farm Historic District, 388 West Predmore, Oakland, MI 48363



Rudolph just can't seem to catch a break! For the second year in a row that reindeer has misplaced his nose and it's up to you and your family to try and locate it! Families will be provided with a list of child-friendly clues that will lead to numerous noses hidden around the Cranberry Lake Farm Historical District. Once you locate all of the noses hidden around the park you can exchange your riddle sheet for a cup of hot chocolate to warm back up! The farm house will be open so once you have your hot chocolate you can seek shelter and put together a reindeer antler hat!

Residents: \$5 Non-residents: \$7 Family Max 4 or more \$20/\$28 Register by: Dec. 2

## Oakland Township Parks and Recreation continued

### Outdoor Boot Camp In The Park - Adults 18+

Wednesdays, September 14 - October 19, 2016, 6:30 - 7:30pm  
Bear Creek Nature Park 740 W. Snell Rd.

Break out of the confines of your gym and take in the crisp autumn air of Bear Creek Nature Park! Bear Creek Nature Park offers a small-group outdoor boot camp that uses the different features around the park to create a fun work out for all levels. Circuit activities like the meadow mile, pavilion push-ups and nature node knee bends are sure to offer enough variety to keep you motivated. This fun and challenging boot camp-in-the-park will get you fit! Taught by Rochester Athletic Club's, Sharon DeRouin, a certified trainer with 25 years experience. 6 week session.

1 hour class (5 min. warm up, 45 min. circuit activities, 10 min. cool down and stretch).

**Residents: \$40 Non-residents: \$80 Register by: Sept. 7**



### Oakland Township Parks and Recreation and SOMO Fall and Winter Run/Walk Club - Adults, Ages 18+

Tired of running and walking alone? Looking for a new way to motivate yourself and others to get moving or a good way to expand your workout group? Exercising with family, friends and neighbors can keep you motivated, improve your accountability and help you meet new people with similar goals. Oakland Township Parks and Recreation has partnered with Socially Motivated Wellness (SOMO) to offer our very own Running and Walking Club!

The club participants will use either a run/walk/run or a walk/shuffle interval method. Anyone can participate. Groups will be introduced to a variety of terrain on trails at Bear Creek Nature Park and Paint Creek Trail. Each week we will add time/mileage to our workout. Workouts will run approximately 45 to 60 minutes. You will learn how to dress for winter workouts, how to walk/run safely, proper nutrition, stretching and more.

SOMO has nine years of experience in training people for running races and has worked with race organization such as the Crim Fitness Foundation and The Brookside Way.

#### Session 1

First meeting (Introduction including workout venue schedule and 30 minute workout):

Thursday, September 22, 6:00pm

Paint Creek Cider Mill

1st Floor Pub Room

4480 Orion Road, Rochester, MI 48306



After the first week:

Thursdays, September 29 - October 27, 6:00pm

**Oakland Township Residents: \$60 Non-residents: \$80**

#### Session 2

First meeting (Introduction including workout venue schedule and 30 minute workout):

Saturday, October 29, 9:00am

Paint Creek Cider Mill

1st Floor Pub Room

4480 Orion Road, Rochester, MI 48306

**Classes fill quickly - Register Early!  
Registration form on page 11**

After the first week:

Saturdays, November 5 - December 17, 9:00am (No club on November 26)

**Oakland Township Residents: \$60 Non-residents: \$80**

## Oakland Township Parks and Recreation continued

### Flow Your Yoga SUP Workshop - *Adult 12+ All Levels Two Workshops!*

Sunday, September 11, 11:00am - 12:30pm

Sunday, September 18, 11:00am - 12:30pm

Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI 48363



*Flow is a word often associated with yoga. On the water, flow is quite literal.*

Paddle board yoga is a variation of the sport of stand-up paddle board surfing (SUP), combined with hatha yoga and vinyasa asanas, or poses. Practicing yoga on a paddle board promises to be a great core workout as you experience balancing from an entirely new perspective. Designed to bring students closer to nature, balance and the ability to face challenges with playfulness, stand-up paddle board yoga weaves together breath, intention and flowing movement. Come "flow your yoga" on beautiful and serene Lost Lake with certified instructor Pavel from Red Lotus Yoga. [www.redlotusyoga.com](http://www.redlotusyoga.com)

Paddle board and paddle included. No previous SUP or yoga experience is needed.

**Residents: \$30 each per workshop**

**Non-residents: \$60 each per workshop**

**No drop-in available.**

**Register by September 6**

### Yoga On The Lake - *Adult 12+ All Levels*

Sundays, September 25 - October 30, 9:30-10:30am

Six-week session series

Lost Lake Nature Park - Dock

846 Lost Lake Trail, Oakland, MI 48363

On-site rain location: Lost Lake Nature Center



Wouldn't you rather be outside this fall? Step out of the studio and enjoy doing yoga in the warmth of the sun and in full view of serene Lost Lake. Whether you are a seasoned practitioner or newer to yoga this All Levels class is just right for you! Bring your own yoga mat. Led by certified instructor Pavel of Red Lotus Yoga.

[www.redlotusyoga.com](http://www.redlotusyoga.com)

**Residents: \$30 each**

**Non-residents: \$60 each**

**No drop-in available.**

**Register by September 19**

**Classes fill quickly - Register Early!**

**Registration form on page 11**

### All Levels Yoga - *Adult 12+*

Sundays, November 6 - December 11, 9:30am - 10:30am

Six-week session series

Lost Lake Nature Park - Nature Center

846 Lost Lake Trail, Oakland, MI 48363



In this class you will learn basic yoga postures and breathing exercises making this class suitable for the beginner as well as anyone looking for a refresher. Whether you are a seasoned practitioner or newer to yoga this All Levels class is just right for you! Bring your own yoga mat. Led by certified instructor Pavel of Red Lotus Yoga.

[www.redlotusyoga.com](http://www.redlotusyoga.com)

**Residents: \$30 each**

**Non-residents: \$60 each**

**No drop-in available.**

**Register by September 19**

# Oakland Township Parks and Recreation Kayaking

## Seasons of Colors Nature Tour of Lost Lake - Adults 18+

Saturday, October 22, 2016, 10 - 11:30am  
Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI 48363



Join a park naturalist as we venture gently into the world of kayaking. While we are out in our boats we will learn about the nature we see along the way - from basking turtles to the Great Blue Heron fishing in the reeds. There are no waves on the lake and the winds are normally pretty calm. The dock is fully accessible which makes getting into and out of the kayaks much easier than a shore launch. Prior kayaking experience necessary. Formal instruction not provided.

**Residents: \$15 Non-residents: \$30 Kayak rental included Register by October 14**

## Stand Up Paddle Boarding! - Adults 14+



Stand Up Paddle Boarding (SUP) is the fastest growing water sport in the world for a good reason: it's fun! Whether you're looking for a great cross-trainer to supplement any sport or it's your first introduction to paddling, SUP has something for everyone! This clinic is taught by experienced and certified instructors in a safe and controlled environment. You will be up and paddling in no time regardless of your age, experience or fitness level. Paddlers 14 years and older welcome. All equipment is included. Please wear a bathing suit or clothes you don't mind getting wet. All levels welcome. Weight limit 220 lbs.

1 class - 1 hour session (May sign up for more than one session)

**Residents: \$20 Non-residents: \$35**

### Draper Twin Lake Park\*

1015 Inwood Road, Rochester, MI 48306  
Sunday, September 25  
10-11am, 11:30am-12:30pm, 1-2pm, 2:30-3:30pm

### Lost Lake Nature Park

846 Lost Lake Trail, Oakland, MI 48363  
Sunday, October 2  
10-11am, 11:30am-12:30pm, 1-2pm, 2:30-3:30pm

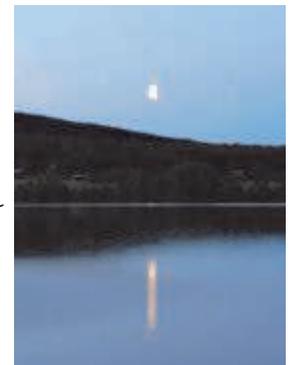
*\*Draper Twin Lake is the larger of the two lakes and will be more challenging for the beginner. Both are calm water lakes. Come early. The distance from the parking lot to the dock, which has lake access, is approximately one-half mile via accessible path.*

## Moonlight Paddle Boarding - Adults 18+

Lost Lake Nature Park  
Saturday, October 15, 9:30-11:30pm

Join us for an evening paddle illuminated by the moonlight for this fun and leisurely after-dark program. Designed for individuals and their friends - not groups. All equipment provided. Prior paddleboard experience necessary. Formal instruction not provided.

**Residents: \$20 Non-residents: \$35**  
**Register by October 7**



Classes fill quickly - Register Early!  
Registration form on page 11



## Fun Basics of Kayaking

Saturday, October 1, 10am - 12pm

Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI 48363



This clinic is taught both on land and in the water and will focus on safety and introductory stroke techniques. Learn basic kayaking safety skills such as fitting your life jacket, what clothing to wear and getting into and out of your kayak from a dock. Basic paddling skills include forward, reverse, and turning strokes. Designed for new paddlers and anyone who would like formal instruction. Lost Lake is open calm flat water without jet skis and motor boats. Lost Lake Nature Park and its beautiful dock and kayak launch are universally accessible.

**Residents: \$20 Non-residents: \$35**

**Register by: Sept 23**

**Classes fill quickly - Register Early!  
Registration form on page 11**

## Next Step Beginning Kayaking

Saturday, October 1, 12:30 - 2pm

Lost Lake Nature Park, 846 Lost Lake Trail, Oakland, MI 48363



This clinic is for those who have completed our *Fun Basics of Kayaking* clinic or have some experience at kayaking and are looking to increase their skill level. This clinic will focus on safety on the water and stroke development. Learn how to fit your boat to your body on land in order to practice techniques for staying in your boat on water to avoid tipping over! Discuss what to do if you do tip over. Learn about the different types of paddles and the side stroke. Then use paddling patterns to practice and perfect your paddling strokes. For the more adventurous we may have kayak races!

**Residents: \$20 Non-residents: \$35**

**Register by: Sept 23**

Items to bring: water, water shoes or light weight sneakers, wear synthetic clothing, sunglasses, and bug repellent. At the time of registration we will ask you for your approximate height and weight so that we may size you with the proper gear. We paddle in light rain (it is a water sport). However, if there is a 60% or greater chance of thunderstorms 2 hours prior to the clinic we will contact you to cancel with a full refund issued or reschedule the clinic.



## Kayaks Available for Rental at Lost Lake Nature Park!

846 Lost Lake Trail, Oakland, MI 48363

We have recently purchased kayaks to offer park users the opportunity to get out on Lost Lake, where wildlife and water lilies abound! After pre-registration, paddlers can rent kayaks at Lost Lake Nature Park on scheduled Saturdays and Sundays throughout the warm weather seasons. Lost Lake's small size and easily accessible kayak launch are great for paddlers of all abilities. Take advantage of this opportunity to practice your kayaking skills while exploring this 8-acre glacial lake. Kayak, paddle and life vest supplied. Note: Weight limit for single kayak is 230 lbs. Kayak at your own risk. No supervision or instruction is provided. View our kayak rental policy on our website: [www.oaklandtownship.org](http://www.oaklandtownship.org)

**Registration must be completed one week in advance of requested rental date.**

Anyone under 18 must be accompanied by an adult. Pre-registration, drivers license, signed liability waiver, rental fee and deposit required. One person kayak: minimum age 10 years old. Two person kayak: minimum age 6 years old with an adult on board.

**Rental Dates (dependent upon staff availability)**

**Saturdays: Sept 10 & 24, Oct 8, 15 & 29** 10am - 12pm or 12pm - 2pm

**Sundays: Oct 9, 23 & 30** 12pm - 2pm or 2pm - 4pm

### Resident Rate:

1-person kayak for 2 hours \$10/boat

2-person kayak for 2 hours \$15/boat

### Non-resident Rate:

1-person kayak for 2 hours \$20/boat

2-person kayak for 2 hours \$30/boat





Oakland Township Parks and Recreation

## Fall Archery Offerings

Marsh View Park, 3100 E. Clarkston Rd., Oakland, MI, 48363

Classes fill quickly - Register Early!

Registration form on page 11

### BEGINNING ARCHERY

(Ages 6 - Adult)

Learn the fundamentals of archery while you review equipment, learn about safety, learn basic shooting skills & have fun! 5 week class.

**Residents: \$60 Non-residents: \$77**

Fridays 9/9/16 - 10/7/16, 5:30 - 7:00pm

Sundays 9/11/16 - 10/9/16, 1:00 - 2:45pm

### INTERMEDIATE ARCHERY

(Ages 9 - Adult)

This class is for archers who have taken Beginning Archery and archers with some experience. Focus will be on improving your archery form and accuracy. No crossbows. 5 week class.

**Residents: \$60 Non-residents: \$77**

Sundays 9/11/16 - 10/9/16, 3:00 - 4:45pm

### SCOUT BADGE WORKSHOPS, BIRTHDAY PARTIES & CORPORATE EVENTS

Reserve the range for merit badge scout workshops, your child's birthday party or corporate team building events. Contact the Parks and Recreation office for reservation date preference and to confirm instructor availability. One and a half hour session.

**Residents: \$150 Non-residents: \$200**

Scout fees to be determined.

### OPEN RANGE SHOOT

(Ages 8 - Adult) Free to the public.

No registration required! Drop-in opportunity to practice archery skills! Prior archery experience necessary. No instruction provided. Monitored by a safety officer. Bring your own equipment or use ours on first come-first serve basis. No broadhead or crossbows allowed. Rain or Shine! *Children between 8 and 17 years of age must be accompanied by an adult.*

Sundays 9/11/16 - 10/9/16, 5:00 - 6:00pm

### JUNIOR OLYMPIC ARCHERY

DEVELOPMENT (Ages 8-20) &

ADULT ARCHERY PROGRAM (Ages 21+)



Archers who have completed Beginning and Intermediate Archery courses can join our JOAD Club or Adult Archery Program to begin advancing their archery techniques. Both programs are the logical "next step" for archers pursuing this lifetime sport. In addition to receiving clear instruction and coaching via our National Training System, membership in an archery club or program provides unique benefits including the opportunity to compete and earn awards, make new friends, build confidence & team building skills and is a great upper body workout! 5 week class. USA Archery sanctioned club.

**Residents: \$60 Non-residents: \$77**

Sundays 9/11/16 - 10/9/16, 6:00 - 7:00pm

## And when the snow flies...

**Lost Lake Nature Park Sled Hill**  
846 Lost Lake Trail  
Open Daily 10am - 5pm  
Friday and Saturday nights until 9pm

**Warming Shelter Open Hours**  
Friday nights 5pm - 9pm  
Saturdays 1pm - 9pm  
Sundays 1pm - 5pm

**Sled Hill Hotline 248-651-4440 Ext. 299**

**Marsh View Park Skating Rink**  
3100 E. Clarkston Road  
Open Daily 10am - 5pm



**Ice Rink Hotline 248-651-4440 Ext. 289**

Visit our web pages for complete information on these winter areas including Rules and Maps!  
Don't forget to check the hotlines to confirm the sled hill and ice rink are open before heading out.

# Oakland Township Parks and Recreation Fall Programs 2016

Call 248-651-7810 to register or mail in the form below.

[www.oaklandtownship.org](http://www.oaklandtownship.org)

## Registration Information

Oakland Township residents registration starts NOW!

Non-Residents registration begins one week prior to the program registration deadline date.

Archery registration is open to both residents and non-residents NOW!

*Programs fill-up quickly so please contact us early!*



Form and waiver are available for printing at [www.oaklandtownship.org](http://www.oaklandtownship.org)

**Fill out the form below and mail with your waiver and program fee to:**

Make checks payable to "Charter Township of Oakland" and mail to:

*Charter Township of Oakland Parks and Recreation, 4393 Collins Rd., Rochester, MI 48306*

OR

**Visit us at our office location and register in person.**

Credit cards (MasterCard, American Express, or Discover) accepted in person only, Monday - Friday, 8am - 4:30pm

*\$2.95 Bank charge applies*

*Paint Creek Cider Mill Bldg. (2nd Floor), 4480 Orion Rd., Rochester, MI 48306*

## ***Refund policy:***

Registrants will receive a full refund for programs cancelled by Oakland Township Parks and Recreation. Registrants withdrawing more than 4 business days prior to the program start date will receive a refund, less a \$5.00 administration fee. No refunds will be made if withdrawing less than 4 business days from program start date. All registrants wishing to withdraw must do so during regular business hours Monday-Friday, 8am-4:30pm in person at the Paint Creek Cider Mill, 4480 Orion Rd., or by phone at 248-651-7810. All refunds will be subject to approval by the Director of Parks and Recreation.

Visit us online at [www.oaklandtownship.org](http://www.oaklandtownship.org) for complete program information and other Park and Recreation information, including permits and ordinances.

Adult's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Zip: \_\_\_\_\_ Emergency phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Resident of: (circle one):      Oakland Twp.      Rochester      Rochester Hills      Other

Enrollee's Name: \_\_\_\_\_ Age: (if child): \_\_\_\_\_

Program Name: \_\_\_\_\_ Date and Time: \_\_\_\_\_

Program Name: \_\_\_\_\_ Date and Time: \_\_\_\_\_

Amount Due: \_\_\_\_\_ Email: \_\_\_\_\_

(Please print clearly) Mail at least 10 (ten) days before program!

# CRANBERRY LAKE FARM HISTORIC DISTRICT

*A community historical center - work in progress for you!*

For more information contact Historic District Commission office 248-608-6807  
Visit [www.oaklandtownship.org](http://www.oaklandtownship.org), under departments, Historic District Commission



Our fall free Square Dance is on Saturday, Sept. 10 from 7pm to 9pm. We dance in the barn or on the lawn so please wear appropriate shoes. Bring your own picnic dinner or check the website to reserve a barbeque sandwich, beans, and coleslaw for a small fee - only served from 6:00 pm to 7:00 pm.

*(Painting by Janet Almstadt-Davison)*



## Down on the Farm, Saturday October 1, from 11am to 3pm!

Back by popular demand - What is coming to our historic backyard? Pumpkin painting, cider tastings, local artist paintings on display, historical games, hayrides, butter churning, storytelling, and all set to the tunes of a variety of musicians and some banjo music!

**FREE!** \*HDC working in partnership with Oakland Township Historical Society and Dinosaur Hill Nature Preserve and Oakland Township Parks and Recreation.





# Oakland Township Parks and Recreation 2015 Annual Report

## Good Tymes at Great Parks!

By Melinda (Mindy) Milos-Dale, Director



*2015 Goodison Good Tyme Archery, Country Western Line Dancing and Rock Climbing at Bear Creek Nature Park*

### Message from the Director

I am pleased to present the 2015 annual report which describes how the Commission and staff are meeting and exceeding our residents' expectations.

In 2015, the Oakland Township Parks and Recreation Commission (PRC) celebrated its 41st year preserving the township's natural beauty and meeting residents' needs for recreation. Since 1974 the Commission has protected more than 1100 acres of park land, constructed a variety of recreation facilities, expanded the type and number of recreation programs offered, and initiated successful events such as Music in the Meadows, Winter Carnival and Goodison Good Tyme.

The Oakland Township Parks and Recreation Commission and staff are proud to be entrusted with the care of Oakland Township Parks, one of the finest local parks systems in the Midwest.

Mindy Milos-Dale, Director, MLA, MBA

### **Community Events Celebrate 10+ years Anniversaries**

Music in the Meadows celebrated its 10-year anniversary with jazz, bluegrass and classical concerts attended by 1000 music lovers! In spite of rain and wind 200 attendees enjoyed the 13<sup>th</sup> Goodison Good Tyme's combination of games, rock climbing, crafts, live music and food with family, friends and neighbors at Bear Creek Nature Park.



*2015 Classical Concert at Cranberry Lake Farm. Photo by Frank Ferriolo.*

## **Recreation Programs and Special Events**

### **Winter Recreation Snowballs with New Ice Skating Rink, Winter Programs and Popular Sled Hill**

Marsh View Park is now popular during four seasons thanks to the new portable ice rink installed over the basketball court, ice skating classes taught by a 10-time National Medalist and the relocation of our Winter Carnival which attracted a record-breaking 400 attendees. Carnival visitors enjoyed a variety of free activities in this expanded carnival location including ice skating rentals, ice carving, winter archery, magic and carnival games, broomball, kite flying and free refreshments too. At nearby Lost Lake Nature Park's sled hill, the night-time sledding, warming shelter, and snowfall were an irresistible combination for more than 2000 sledders, doubling the 2014 attendance record.



*Tracy Daniels teaches ice skating on new rink at Marsh View Park.*



*Soccer game at Marsh View Park.*

### **Increase in Popularity of Soccer and Archery Follows National Trends**

The number of people using our Marsh View Park athletic facilities increases every year. Local soccer leagues played more than 100 games on our fields and our new summer soccer camps attracted 61 youth (3-12 years old). The Intro to Archery classes and open range archery shoot are on target - both programs completely filled with 35 - 40 participants.

### **Building on Our Foundation: Nature Study Programs**

New family-friendly nature programs celebrating fall and winter holidays proved very popular including a hunt for Halloween pumpkins and cauldrons, a Thanksgiving turkey extravaganza, and a hunt for Rudolph's missing nose. 2015 was the second year that the Lost Lake Nature Park nature center hosted field trips led by Dinosaur Hill Nature Preserve (DHNP) naturalists for more than 1000 Rochester Community Schools' second and third grade students. Oakland Township Parks and Recreation also hosted "Bats of the World" at LLNP which was presented by the Organization for Bat Conservation of the Cranbrook Institute of Science.



*Looking for Rudolph's Nose at Cranberry Lake Farm*



*Stand up paddle boarding using Lost Lake Nature Park's accessible dock.  
Photo by Mindy Milos-Dale.*

### **New Fitness and Wellness Classes Offered on Lakes, Trails and Lawns**

In addition to our residents' favorite nature programs which teach skills such as fishing, kayaking, and maple sugaring, we have continued our Yoga on the Lake class and offered additional fitness classes including new outdoor Tai Chi classes, Boot Camp classes at Bear Creek Nature Park, stand up paddle boarding at Lost Lake Nature Park and partnering with Brooksie Way trainers to offer new "Couch to 5K" walking/running training program on Bear Creek Nature Park trails.

# Natural Areas Stewardship

## Protecting our Natural Heritage

OTPRC applied for a Michigan Natural Resources Trust Fund grant to aid in the purchase of a 209-acre natural area adjacent to the Township's Stony Creek Ravine Nature Park. Park staff's ecological assessment of this expansion area, which noted 305 plant species, indicated that this site is extremely rare and represents a significant component of Michigan's native biodiversity and natural landscapes.

## Partnering on Natural Area Restoration

Historically, the majority of our Township was covered by a combination of prairie plants interspersed with oak trees. We are partnering on grant-funded prairie restoration and conservation projects that will bring greater native plant and animal diversity to our parks. In 2015 this included a



*Before and After treatment area along Paint Creek Trail*

\$15,200 US Fish and Wildlife Service Partners for Fish and Wildlife Grant for restoration of 38 acres of prairie at Charles Ilsley Park and Draper Twin Lakes Park and a \$25,000 USDA Wildlife Habitat Incentives Program (WHIP) grant to improve insect pollinator habitat in seven areas along the Paint Creek Trail.

### ❖ Prairie Restoration “Groundbreaking”

During the next several years visitors to Charles Ilsley Park, Draper Twin Lake Park and Gallagher Creek Park will see first-hand how prairie plantings increase our parks' beauty and biodiversity; attracting desirable grassland insects and birds, such as the eastern meadowlark.



*Eastern Meadowlark.*

*Photo by Gerrit Vyn*

### ❖ Promoting Insect Pollinator Habitat

Work continued on cutting and removing woody invasive plants, such as glossy buckthorn, on five acres adjacent to a Paint Creek Trail prairie remnant by the Gallagher Road parking lot. This natural area, which now features native plants, will buffer the prairie from invasive plant threats.

## Natural Area Management Activities Accomplished in All Seasons

- ❖ **Stewardship staff managed invasive plants** (including removal of garlic mustard, swallowwort, Japanese knotweed, autumn olive, oriental bittersweet, crown vetch and glossy buckthorn) and native plant seeding occurred at 14 Oakland Township parks (in addition to the USFWS and WHIP grant work described above).
- ❖ **Stewardship staff completed phragmites management** on ten acres at ten Township parks.
- ❖ **Stewardship staff supervised and/or assisted with prescribed burns** at Bear Creek Nature Park, Charles Ilsley Park, Lost Lake Nature Park, Gallagher Creek Park, O'Connor Nature Park, and Paint Creek Heritage Area—Fen and Watershed Ridge Park. A primary objective of burns was removal of Phragmites thatch from areas treated in 2014.



*Paint Creek stream bank across from Gallagher Road parking lot. Prairie cordgrass and northern bed straw respond well to prescribed burning.*

*Photo by Ben VanderWeide.*

# Community Engagement

## Stewardship Staff Hosts New Education Programs



*Round-lobed hepatica at Lost Lake Nature Park flowered after prescribed burn. Photo by Ben VanderWeide*

After years of planning and learning from other municipal natural area departments, we held our first annual Volunteer Prescribed Fire Training on December 12, 2015 for volunteers who will assist with prescribed burns in our Township parks. In addition, we offered two new classes including one about the role of fire in natural communities and a second about prairies, oak barrens, and other grasslands in Oakland Township. New year-round weekly bird walks encourage our residents to visit and explore a variety of Township parks, learn a new skill, and meet the Stewardship staff.

## Phragmites Outreach Program Launched

Stewardship staff launched a new Phragmites Outreach Program to help township residents get invasive phragmites treated on their property. In 2015 we received 20 requests for no-obligation cost estimates and worked with a contractor to treat 12 of these properties.

## Staff Works with Eagle Scouts

Maintenance and Stewardship staff worked with Eagle Scouts Jonathan Walling and Nicolas Behounek to install a new overlook deck at Gallagher Creek Park and to create new covers for trash cans in the Oakland Township section of Paint Creek Trail.

## Natural Areas Stewardship Volunteer Program Continues to Mature

A new Park Stewards program was initiated to work with highly motivated volunteers who will help look after natural areas in parks. Our Natural Areas Stewardship Staff engaged volunteers who doubled the amount of hours they contributed (618 hours in 2015) pulling garlic mustard (May), removing invasive shrubs (July to November), and collecting native seed (October)!

## Communications Improvements

Natural Areas Notebook, the stewardship blog, took a big leap forward when Cam Mannino started to regularly contribute her “This Week at Bear Creek” posts with excellent writing and photographs. The blog, which provides information about stewardship volunteer opportunities and events, had 76 posts, 3747 visitors, and 7673 page views. See [www.oaklandnaturalareas.com](http://www.oaklandnaturalareas.com).



*Cam Mannino, Catherine & Dawn collect seed at Paint Creek Heritage Area–Wet Prairie. Photo: B. VanderWeide.*

Maintenance staff installed new Park Entrance signs at Mill Race Trail, Watershed Ridge Park, Blue Heron Environmental Area, Lost Lake Nature Park, and Draper Twin Lake Park.

We hosted Rachel Petruska, a Recreation Programming intern from Central Michigan University, who assisted in upgrading the Parks and Recreation department’s social media presence.

## **Sustainable Maintenance and Improvement of Existing Facilities**



*New Safety Barrier at Mill Race Trail*

Maintenance and Stewardship Staff have reduced costs by taking on projects in lieu of hiring contractors. Ongoing projects include hazardous tree management, performing botanical baseline surveys, clearing trail shoulders and prairie restoration areas of unwanted vegetation, re-painting building exteriors, and recycling paper, glass, plastics and metals generated at parks and offices.

Maintenance staff installed a new safety Barrier around the Paint Creek Mill Race sluice box at a significant cost savings and performed major repairs and upgrades to pedestrian bridges and boardwalks at Bear Creek Nature Park. Maintenance and stewardship staff share the use of a new wood chipper that reduces expenses associated with chipping and disposal of plant debris from removals of hazardous trees and invasive plants.

Township residents can now obtain firewood and wood chips at no cost from Watershed Ridge Park's new Disposal Site by obtaining a Firewood Disposal Permit from the Parks and Recreation Department.

## **Honors**

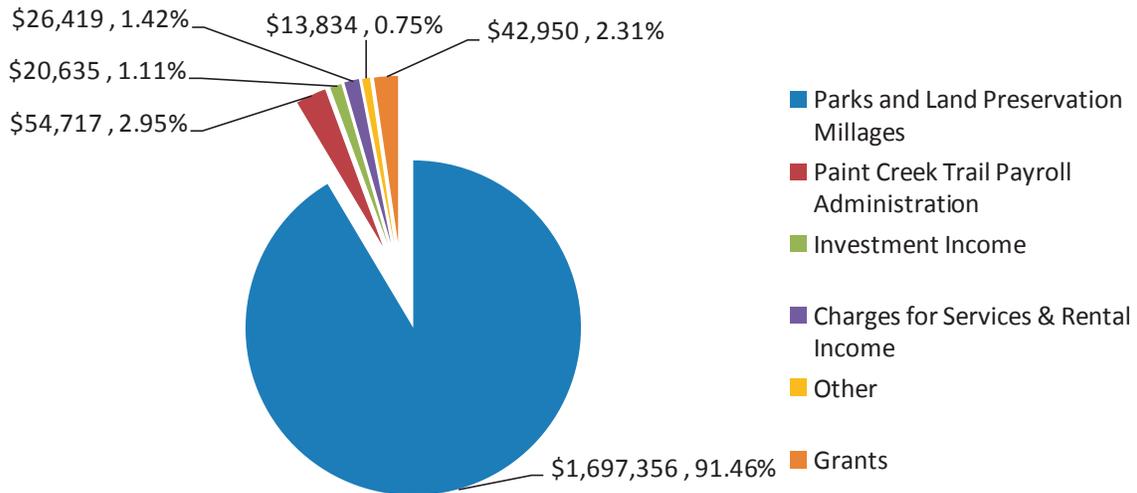
Oakland Township Parks and Recreation Commission accepted the "Oak Land Award" from Oakland County Planning and Economic Development for their 40-year history of protecting Township natural areas.



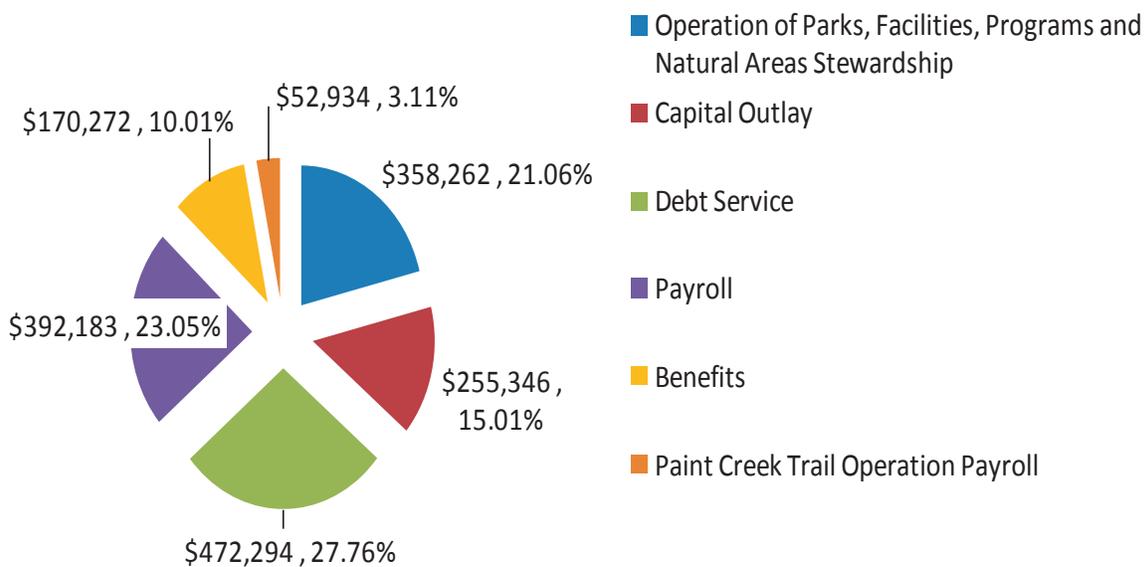
*TWLA HONOREES - Oakland County's Trail, Water & Land Alliance wrapped up 2015 by honoring Oakland Township with TWLA's Oak Land Award and selecting Rose Township's Gisela Lendle King for the TWLA Partner Award. Lined up for the honors were Ms. King (far left) and representatives of Oakland township including Ben VanderWeide, Peggy Johnson, Alice Tombouliau (holding award), Melinda Milos-Dale, David Mackley and Andy Zale.*

# Summary for Fiscal Year 2015

**Actual Total Revenues = \$1,855,911**



**Actual Total Expenditures = \$1,701,291**



**Excess Revenues over Expenditures = \$154,620**

This information has been subject to an independent audit in 2016.

## 2015 Oakland Township Parks and Recreation Commission



### 2015 OTPRC and Staff

Commissioners Rogers, Mackley, Tomboulian, Zale, Peruzzi, Barkham, Schmidt and Director Milos-Dale at Marsh View Park Groundbreaking.

### Parks and Recreation Office

4393 Collins Road, Rochester, MI 48306

248-651-7810

[www.oaklandtownship.org](http://www.oaklandtownship.org)

# Oakland Township Parks Natural Areas

# Stewardship Events



Please come out and join us for one of these free events! Contact us in advance if possible so that we can bring enough tools and supplies. All minors must have a waiver signed by a guardian, and minors under 14 must be accompanied by a guardian. Updated information on these events can be found on our blog at [oaklandnaturalareas.com](http://oaklandnaturalareas.com).

## Seed Collecting

Many native plant seeds are only available for collecting for a few weeks in the fall, so we need as much help as possible during harvest! Seed collecting is a fun, relaxing way to learn new native plant species while experiencing unique natural areas. We use the seed to restore areas where we have removed invasive plants.

**Seed Collecting.** Meet at the Paint Creek Cider Mill before heading to our site for the day.

Tuesdays, October 4, 11, 18 & 25

All workdays are 9 am to 12 pm.

## Wet Prairie Invasive Shrub Control

We will remove invasive shrubs such as buckthorn and autumn olive at the Paint Creek Heritage Area - Wet Prairie. This special natural area contains a rare prairie plant community. Expect work to be physically demanding. Meet at the Silver Bell Road parking lot along the Paint Creek Trail.

Tuesdays, September 27; November 1 & 15 and Saturday, November 12

All workdays are 9 am to 12 pm.

## Weekly Bird Walks\*

Join us every Wednesday at 8 am from September to November for our weekly bird walks. We want to document the bird species using natural areas in our parks so that we can work to improve their habitat. Some extra binoculars are available.

1<sup>st</sup> Wednesday of month – Bear Creek Nature Park

2<sup>nd</sup> Wednesday of month – Cranberry Lake Park

3<sup>rd</sup> Wednesday of month – Charles Ilsley Park

4<sup>th</sup> Wednesday of month – Draper Twin Lake Park

5<sup>th</sup> Wednesday of November – Lost Lake Nature Park

\*No walk Nov 23.



*Garlic mustard workday volunteers showing off their haul!*

## Garlic Mustard Challenge Champions

The natural areas stewardship crew, volunteers from Eagle Creek Academy, and Paint Creek Trail volunteers helped the Headwaters Cluster win the “Mid-Weight” division of the annual Garlic Mustard Challenge! We collectively pulled 21,975 pounds of garlic mustard. As a competition sponsored by The Stewardship Network, the goal of the Garlic Mustard Challenge is to bring people together to help control this invasive plant. Join us next year as we defend our title!



The Natural Areas Notebook has the latest about what's happening in the parks (like Cam Mannino's weekly feature *This Week at Bear Creek*), news about the latest stewardship work, and up-to-date information about stewardship events. Find this and much more at [oaklandnaturalareas.com](http://oaklandnaturalareas.com).



**Phragmites Control Planned Along Major Oakland Township Roads**

Oakland Township will be treating invasive Phragmites along major roads right-of-ways in August and September 2016. Phragmites is a grass that grows in wetlands and can reach heights of 15 feet or more, leading to safety and environmental problems. Phragmites can cause hot, damaging fires if ignited; blocks views at intersections; and impairs drainage in ditches and streams, damaging road infrastructure. This large grass forms dense stands, crowding out habitat for wildlife and native plants.

Oakland Township Parks and Recreation is participating in the Oakland County Cooperative Invasive Species Management Area (OC CISMA), which was recently awarded funds through the Michigan Invasive Species Grant Program. Treatment of Phragmites in Township road right-of-ways is funded by our portion of the grant.

**NOTICE 2016**

PLM Lake and Land Management Corp  
10222 Rose Blvd, Morrice, MI 48857  
(800) 382-4434(o) (517) 913-6233(f)  
www.plmcorp.net



**The Oakland Township Phragmites treatments along roadway Right-of-Ways have been scheduled during the months of August & September, 2016**

DEQ permitting restrictions, national holidays, and/or weather conditions may influence the timing of treatments. The treatment schedule is approximate. Please watch your property if you are adjacent to planned treatment areas for the posting of the 8.5x11 inch, yellow signs. The signs will indicate the date of the treatment, the products used, and any restrictions on the use of treated property.

This notice is being circulated in accordance with Department of Environmental Quality (DEQ) procedures. Below is a list of herbicides that may be applied and the associated use restrictions. On the day of treatment, signs will be posted that indicate what products were used and specific restrictions that apply:

Check all that apply	Chemical product/	Chemical trade name	Do Not Enter Area
X	Glyphosate	Aquaneat, AquaPro	X
X	Imazapyr	Habitat	X
X	Adjuvant	Cygnet Plus	X
<b>For a complete listing of all product labels, please see the PLM website</b>			

The chemicals used for Aquatic Nuisance Control are registered by the U.S. Environmental Protection Agency and the Michigan Department of Agriculture. The potential for damage to fish and other non-target organisms is minimal provided that the product is used as directed on the product label and the permit. To minimize the possible effects on health and the environment, the treated area is restricted for the above purposes.

**PLM Lake & Land Management Corp. Certified Applicators:** Salvatore Adams, Jason Broekstra, Jim Chatel, David Comeau, Jaimee Conroy, Bill D'Amico, Jeff Fischer, BreAnne Grabill, Dustin Grabill, Benjamin Halbersma, Steve Hanson, Mitch Hiler, Jake Hunt, Nate Karsten, Justin Krueger, Blake Mallory, Michael Pichla, James Scherer, Ben Schermerhorn, Casey Shoaff, Lucas Slagel, Jeff Tolan, Andy Tomaszewski, Dennis Vangessel, Mathew Warddell.

# Parks and Recreation Team Update

SEASONAL STEWARDSHIP TECHNICIANS

## Thank-you to our Seasonal Land Stewardship Technicians!

A big thank-you to Heather Herndon, Andrea Nadjarian, and Zach Peklo for their great work this summer as land stewardship technicians. Together the crew pulled thousands of pounds of garlic mustard, helping win the 2016 Garlic Mustard Challenge! They also collected native plant seed, installed new plants in natural areas and native plant beds, and controlled many acres of invasive plants. Each crew member contributed their skills and background to help us enhance and restore our natural areas. Good luck as you return to college or move on to other endeavors!

If this position sounds like fun to you, consider applying for the 2017 crew! Look for the job announcement this winter on our website.



Natural Areas Stewardship Manager Dr. Ben with Heather, Zach and Andrea

THANK YOU!



Thank you to Cam Mannino, Debbie VanderWeide, Antonio Xeira and Jared Davis for generously volunteering their time with us and to ITC Transmission for sponsoring our 2016 Music in the Meadows concerts!



## Prairie Restoration Continues at Charles Ilsley and Gallagher Creek Parks

In partnership with the US Fish and Wildlife Service, we are working to plant another 15 acres of native prairie at Charles Ilsley Park and 2 acres at Gallagher Creek Park, with another 18 acres scheduled for fall 2017. These areas may initially look weedy as the prairie plants grow deep roots. The third year after planting they will really start to show their beautiful colors and forms. You can get involved in the restoration process to help with seed collection, weed control, and monitoring – just contact us at 248-651-7810. **Your donation will help us preserve the natural heritage of Oakland Township** and may qualify as a charitable donation for income tax purposes.

### Prairie Heritage Natural Areas Stewardship Donation

Name	Phone
Address	City, State, ZIP
Donation Amount	
Notes	
Return to: <b>Phone: 248-651-7810</b> Oakland Township Parks and Recreation <b>Mail:</b> 4393 Collins Rd, Rochester, MI 48306 <b>Office:</b> 4480 Orion Rd, Rochester, MI 48306	

# Safety Paths & Trails Millage Renewal

**VOTE NOVEMBER 8**

The Oakland Township Safety Path and Trails 10-year millage renewal will be on your November 8th ballot. **Reduced** from .2406 to .17 mill, this millage will fund the acquisition of property and the construction and maintenance of a township-wide trail network.

**We urge all citizens to vote November 8 on this important millage renewal.**

Your Safety Paths and Trails Committee (SPTC) was established in 2007 to make recommendations to the Board of Trustees concerning the planning, analysis and implementation of a township-wide trail system.

Composed of township officials and residents, the SPTC holds regular meetings to establish criteria to aid in the selection of potential projects. Working with engineering consultants, they consider path location, design, and cost and secure necessary easements. SPTC also establishes guidelines which will help direct the implementation and maintenance of safety paths and works to share information with residents.

**VISION** for Connecting Oakland Township with Safety Paths and Trails:

- 1. Support a Healthy Lifestyle** for activities such as walking, cycling, running, cross-country skiing and horseback riding by providing safe routes as an alternative to motorized transportation.
- 2. Strengthen Our Community Social Connections** by providing paths and trails that support the interaction of users of all ages, abilities and interests
- 3. Provide Safe Access to Nearby Destinations** including parks, regional trails, churches, shopping and community facilities.



## Paint Creek Trail News *By Kristen Myers, Trail Manager*



### 11th Annual Paint Creek Trail Labor Day Virtual Bridge Walk and Run - Monday, September 5

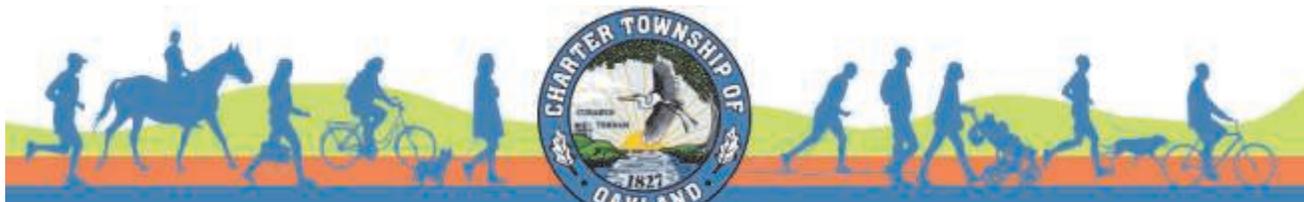
Join us for our 11th Annual Labor Day Virtual Bridge Walk and Run! Starting at the Rochester Municipal Park Kiwanis Pavilion, participants can choose either a 2 mile walk, or 10K run on the Paint Creek Trail. Onsite registration starts at 8:00 am, and the event starts at 9:00 am. This is a free community event, with a suggested donation of \$5.00 per family for Paint Creek Trail improvements. Online registration will open August 15th at <http://paintcreektrail.org/wordpress/events>. Join us for giveaways, fun, and fudge! Sponsored by Back to the Beach Runners, Motor City Brew Tours, Zale Wealth Management and Dr. Ron Fried Chiropractic and Wellness Center!



### Friends of the Paint Creek Trail 5th Annual Wine Tasting Event - Thursday, October 20, 2016



Join us at Fieldstone Winery in Rochester for our 5th Annual Wine Tasting event on Thursday, October 20 from 7:00 pm - 10:00 pm. Each person receives 8 pours, and hors d'oeuvres will be provided. On sale in September, tickets are \$25 each and are limited to the first 100 people. If you would like to be added to the "Ticket interest" list, please send an email to [PaintCreekTrailFriends@yahoo.com](mailto:PaintCreekTrailFriends@yahoo.com).



# Safety Path & Trails (SPT) Strategy Plan Open House

Drop in anytime during the afternoon or evening sessions and stay as long as you like.

**Wednesday, Sept. 21, 2016, 2:30-4:30pm and 6-8pm at the Paint Creek Cider Mill**

For the past year, your SPT Committee has been working on a new strategy plan, mapping the future of trails in Oakland Township. Find out about non-motorized transportation in the township and participate in evaluating and prioritizing what is most important to you. Learn about your existing safety path system as well as the goals and the factors that determine the ultimate condition of the trail networking system throughout the township. Members of the Safety Paths and Trails Committee will be on hand at information stations to answer your questions and take suggestions. Residents will have the option to write their suggestions on cards or to send emails directly to [cnordstrom@cwaplan.com](mailto:cnordstrom@cwaplan.com).

All township residents are urged to participate. *It's Your Township, Your Money, Your Voice!*

## New Trails Coming this Summer!

Construction by Birmingham Sealcoat is scheduled to be completed soon!

**The Cider Mill Connector:** This new trail provides a safe alternative to walking across a very busy bridge on Gallagher Road at Orion. The "Cider Mill Connector" will run from the Paint Creek Trail at Flagstar Bank to the new pedestrian bridge on Orion Road and then to the Paint Creek Cider Mill. Many thanks to Flagstar Bank for their generosity in donating this important easement!



**Silverbell/Brewster Link:** This path will be built at the southeast corner of Silverbell at Brewster Rd. and will tie together about 6 1/4 miles of EXISTING SAFETY PATHS in one of the highly-populated areas of the township. SPTC thanks the property owners, Steve and Laura Benaquisto, for allowing the easement on their property and recognizing the need for safe routes for their neighbors.



## Coming this Fall!

**Eagle Creek Boardwalk:** The 283' boardwalk along Silverbell Rd., just east of Kern, will connect existing trails around Eagle Creek School to those at Country Creek Subdivision. The result will connect about 8.5 miles of continuous trails, including one all the way to Adams Rd. We anticipate construction this fall pending public bid results!



For more Safety Paths & Trails information, contact Libby Dwyer, SPTC Chairwoman at [studio1234@comcast.net](mailto:studio1234@comcast.net)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>September 2016</b>				1	2	3
4	5 PCT Virtual Bridge Walk Township Offices Closed	6	7 Bird Walk OTHS Potluck	8	9 Beg Archery	10 Mushrooms Kayak Rental Square Dance
11 Yoga Yoga SUP Wksp Archery	12	13	14 Boot Camp Bird Walk	15	16 Beg Archery	17 Goodison Good Tyme
18 Yoga Yoga SUP Wksp Archery	19	20	21 Boot Camp Bird Walk SPTC Open House Six Rivers Celeb	22 Run/Walk Club	23 Beg Archery	24 Kayak Rental
25 Yoga Marsh Birds SUP Archery	26	27 Stewardship Workday	28 Boot Camp Bird Walk	29 Run/Walk Club	30 Beg Archery	

**Oakland Township Park Activities**  
**Registration is required. See next page for program keys and page numbers**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>October 2016</b>						1 Basic Kayak Next Step Kayak Down on the Farm
2 Yoga SUP Archery	3	4 Seed Collecting	5 Boot Camp Bird Walk	6 Run/Walk Club Bat, Night Creatures	7 Pumpkin Roll Beg Archery	8 Kayak Rental
9 Yoga Kayak Rental Archery	10	11 Seed Collecting	12 Boot Camp Bird Walk	13 Chocolate Run/Walk Club	14	15 Moonlight SUP Kayak Rental
16 Yoga	17	18 Seed Collecting	19 Boot Camp Bird Walk	20 Run/Walk Club	21	22 Kayak Color Tour
23 Yoga/ Kayak- Rent Kayak Rental	24 30 Yoga Kayak Rental	25 31 Seed Collecting	26 Bird Walk	27 Run/Walk Club	28 Halloween Walk	29 HOWLeen Run/Walk Club Kayak Rental

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>November 2016</b>		1 Stewardship Workday	2 Bird Walk	3	4	5 Run/Walk Club OTHS Barn Quilt Trail
6 Yoga	7	8 Election	9 Bird Walk	10	11	12 Full Moon Walk Run/Walk Club Stewardship
13 Yoga	14	15 Stewardship Workday	16 Bird Walk	17	18	19 Run/Walk Club
20 Yoga	21	22	23	24 Township Offices Closed	25 Township Offices Closed	26
27 Yoga	28	29	30 Bird Walk			

**Calendar Key:**

- Fitness/Wellness Programs pg. 6-7
- Nature Programs pg. 4-5
- Stewardship Programs pg. 13
- Archery Programs pg. 10
- Outdoor Programs pg. 8-9

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>December 2016</b>				1	2	3 Run/Walk Club
4 Yoga	5	6	7	8	9	10 Rudolph's Nose Run/Walk Club
11 Yoga	12	13	14	15	16	17 Run/Walk Club
18	19	20	21	22	23 Township Offices Closed	24
25	26 Township Offices Closed	27	28	29	30 Township Offices Closed	31



## Walking On Water By Sue Neal, Executive Director, Dinosaur Hill Nature Preserve

When you see a bright kayak of yellow and blue swirly colors bouncing along in a local lake with a neoprene cover and a boater decked out with a carbon fiber paddle and a contoured life vest it is easy to think that the kayak is a modern phenomenon. While it is true that kayaking has entered its heyday of modern recreation, the kayak itself has been around for a very long time and played a much different role in its early iteration.

Kayaks were first put into use about 4,000 years ago. They were used by the Eskimos that lived in the regions surrounding the arctic circle, such as Greenland, Northern Canada and Russia. The boats were of different designs, each unique to the region in which they originated. The internal frame of the boats were made from wood or whalebone depending on what materials were available to the native builders. Sealskins were stretched over the internal frame to create the shell of the boat. The paddles used were single blades as opposed to the double bladed design used by modern kayakers.



The kayaks were individually built and designed specifically for the person using the boat based on precise measurements. For example, the length of the boat was three times the length of the paddlers outstretched arms. This is considerably longer than some modern kayaks, especially ones used in rivers. A long boat tracks straighter...a short boat can turn on a dime but had little use in the open waters of the arctic seas. The width of the kayak was also quite a bit narrower than the modern recreational kayak... typically the hip width of the user plus two fists. This makes for a very fitted kayak...great for performing the rescue roll, known as the Eskimo roll...but not so comfortable for ease of getting in and out. The ability to perform an Eskimo roll was essential to early kayakers because tipping over in icy water made for a very uncomfortable, if not life threatening, experience and most Eskimo were not particularly skilled swimmers!



The shape of the boats depended on the purpose and the region they developed in. Different shapes created boats suitable to different purposes much like modern boats. Most modern boats are made of roto molded plastic, however the four thousand year old design has not disappeared and some Inuits that still hunt in the waters of Greenland continue to use the ancient “skin on frame” design because of the incredible efficiency of glide through the waters.

While kayaks had a very important role in the survival of early arctic inhabitants, kayaking has found a very popular role in modern recreation. It is a sport that is accessible to almost anyone who can move the paddle. One of the biggest concerns I hear from new kayakers is: Aren't kayaks tippy? Not as much as you would expect! Kayaks may appear less stable than a larger boat, such as a canoe, but in reality they are actually less likely to tip

over. There are two types of stability as it relates to watercraft. The first is referred to as *initial stability*. This describes how tippy the boat feels when you sit in it and just wiggle back and forth a little bit. And yes, there is less initial stability to a kayak than to a larger boat. However, where the rubber hits the road (or the paddler hits the water...as the case may be) is where *secondary stability* comes in to play. This refers to how much force it takes to actually tip the boat all the way over. A kayak actually has greater secondary stability than most larger boats. So while it may feel a little tippy at first, don't worry, it takes quite a bit to actually tip that boat over.



Kayaking is an incredibly easy sport to try. Sometimes I hate even using the word sport to refer to it. Kayaking can be sporty...it can be a great workout and an efficient means

(Continued on page 21)

### **Walking on Water...** (Continued from page 20)

of transporting cargo and person a great distance on some of the most wild waters on earth. To the casual person though, kayaking can be super simple and very relaxing. There is no better way to explore a quiet pond than by kayak. You will surely be amazed how many more things you will see, and hear when out in the boat.

People are also often concerned about what it takes to get in and out of the boat. It can be a bit tricky if you have trouble with your back or knees or have ambulatory challenges. One of the most amazing additions to the Oakland Township parks is the accessible dock at Lost Lake Nature Park. The dock has a special kayak entry area where a seat slides out from the dock making it super simple to enter a kayak. The dock is actually specially designed to be wheelchair accessible. This is a wonderful feature as the ability to freely and easily explore the waters by kayak is an incredible experience for mobility challenged individuals.



So...if you are interested in giving kayaking a try there are several options made available to you as a resident of the Township. The Parks and Recreation Commission sponsors a variety of activities open to all of our residents. If you'd like to get the hang of the basics with a professional, you can sign up for a basic kayak skills class. If you'd had a little experience and would like to simply use a boat without the hassle or expense of owning (and transporting ) your own, you can rent a kayak through the parks department...it will be ready for you to use on the beautiful Lost Lake. If you'd like to add even more to your kayak experience, consider signing up for one of the townships kayak tours. In partnership with Dinosaur Hill Nature Preserve, these tours combine the best of both worlds...use of the kayak and a guided paddle with a naturalist to interpret all the nature you are sure to discover along the way.



*Tip: If you choose to participate in a kayak tour, consider wearing sunglasses with polarized lenses. The special coating on these lenses will eliminate the glare from the surface of the water. This allows you to see down into the water much easier for better viewing of the underwater...you will see plants, turtles, fish and so much more than you otherwise would!*

### **JULY 6TH GROUNDBREAKING SUPPORTS VISION FOR MARSH VIEW PARK ...** (Continued from page 1)

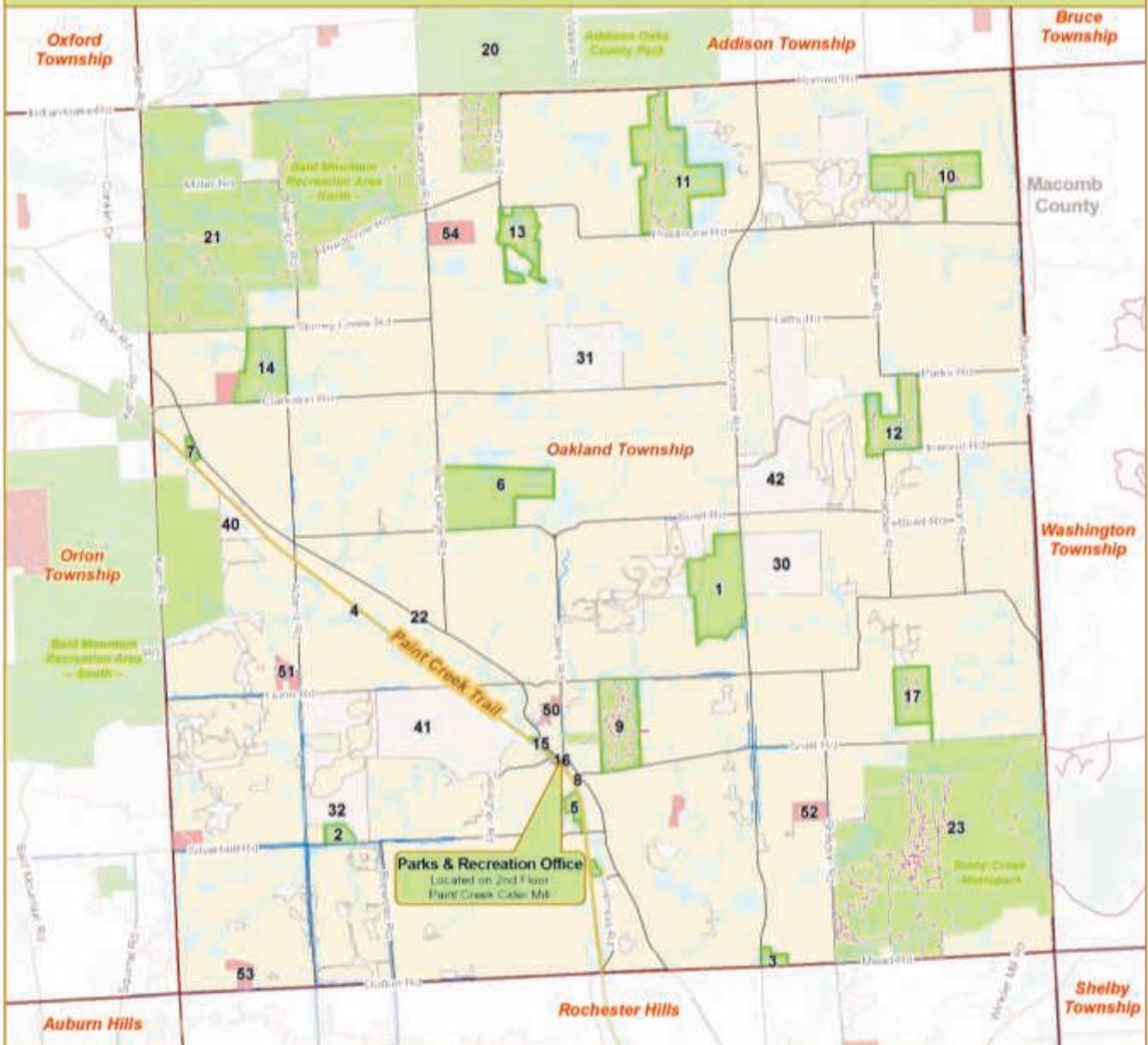
as soccer and archery. However, as an old adage says, "Be careful what you wish for; you might get it!" Since these facilities opened in 2010 the number of people using them has dramatically increased every year resulting in the parking and archery facilities reaching and exceeding their capacity.

Therefore, in June 2012, the Parks and Recreation Commission purchased 5 acres adjacent to Marsh View Park with the near-term goal of expanding the archery range, adding a new entrance drive and parking lot and providing additional walkways. In total, it has been a lengthy and challenging journey and we are grateful for the support of our Oakland Township residents who provided their thoughtful input to the design of these improvements. This project will allow us to support our current programming and events while offering new opportunities for soccer and archery tournaments and a greater variety of adult archery classes starting in Spring 2017. Most importantly, the addition of these support facilities provides the foundation for Marsh View Park to reach the potential which the Parks and Recreation Commission envisioned when they purchased this park in 2001.

The project improvements include a new paved park entrance from Clarkston Road, additional parking spaces (39 paved, 20 + overflow) with pedestrian connections to the archery range and soccer fields, a storm water detention system with capacity to accommodate future facilities, improvements to the athletic fields and an archery range expansion. This project will double the archery range shooting distance, creating a facility that can host experienced archers, a greater variety of programs, and archery tournaments.



# Parks and Recreation Opportunities in Oakland Township



## Oakland Township Parks and Recreation Facilities

### Conservation Parks

- 1 Blue Heron Environmental Area
- 2 Gallagher Creek Park
- 3 O'Connor Nature Park
- 4 Paint Creek Heritage Area - Fan
- 5 Paint Creek Heritage Area - Wet Prairie
- 6 Watershed Ridge Park

### Future Trail Connections

- 7 Paint Creek Junction Park
- 8 Mill Creek Crossing

### Community Parks & Recreation Facilities

- 9 Bear Creek Nature Park
- 10 Charles Isley Park
- 11 Cranberry Lake Park
- 12 Draper Twin Lake Park
- 13 Lost Lake Nature Park
- 14 Marsh View Park
- 15 Mill Race Trail
- 16 Paint Creek Cedar Mill (Parks & Rec Office)
- 17 Story Creek Ravine Nature Park

## Other Parks and Recreation Facilities

### Other Public Parks

- 20 Addison Oaks County Park
- 21 Bald Mountain State Recreation Area
- 22 Paint Creek Trail
- 23 Story Creek Metropark

### Other Public Recreation Facilities

- 30 Blackheath Golf Club
- 31 The Myth Golf and Banquet
- 32 Westwynd Golf Course

### Private Recreation Facilities

- 40 Royal Oak Archers
- 41 The Wyndgate Golf Course
- 42 Twin Lakes Golf and Swim Club

### Public Schools

- 50 Baktwin Elementary School
- 51 Delta Kelly Elementary School
- 52 Hugger Elementary School
- 53 Musson Elementary School
- 54 Oakview Middle School

### Key to Features:

- Municipal Boundary
- Oakland Township Parks
- Lakes & Ponds
- Streams & Rivers
- Park Path
- Paint Creek Trail
- Safety/Side Path
- Private Recreation
- Public Recreation
- Public School



# Fall Fun in the Oakland Township Parks

Oakland Township Parks offer great places to explore on crisp fall days. Head out to walk, hike, bike, or ride your horse! Here are some highlights of the upcoming season.



**Draper Twin Lake Park** - 90 acres of meadows, farm fields, wetlands, woodlands, and Twin Lake! Park in the gravel lot off Inwood and Hadden to hike the trail to the dock - don't forget your fishing pole and license! The 1181 Inwood entry provides access to the eastern park trails where Michigan's largest birds, Sandhill Cranes, like to forage before their late autumn migration. Already offering a smorgasbord for birds, the food diversity is sure to increase with the prairie restoration! (see page 15)

**Charles Ilesley Park's** 120 acres of farmland and hardwoods with hidden springs and vernal ponds sits north of East Predmore Road. It's home to wild turkey, deer, coyote and beautiful meadows. Sign-out our *Discovery Backpack* before your visit and challenge yourself to a nature exploration hike! See if you can spot a crab spider hiding in the goldenrod! Two fields will be planted to prairie species this fall. (see page 15) Great park for hiking, mountain biking and horseback riding.



**Bear Creek Nature Park** - 107 acres of glacially carved hills and vernal ponds. A perfect place for a family stroll and quiet nature observation. Look for praying mantis hunting in the fields. Bring the family out for Goodison Good Tyme, Saturday, September 17 (Page 3), sign up for Halloween walk (Page 5) or Outdoor Boot Camp (Page 6)!

**Paint Creek Trail** is more than a great place to bike or walk from Rochester to Lake Orion; it is an easy access travel corridor for creatures both seen and hidden! Look for the tall prairie grasses including big bluestem (looks like a turkey foot) and Indian grass. Help collect seed - see page 13 Participate in the 11th Annual Labor Day Bridge Walk and Run Monday September 5th. (See page 16)



**Lost Lake Nature Park** provides a great backdrop for watching birds, insects, and butterflies. Wild sassafras and oaks color the woods with reds, yellows and oranges—can you spot the fungi among them at our fall mushroom class? (Page 4) Dock fishing is permitted with proper state licensing. Rent a kayak or participate in kayak class (Pages 8 & 9), or join a nature class. (See pages 4 & 5)

**Cranberry Lake Park** - 213 acres include meadows of showy goldenrod. With bright yellow flower clusters, Showy goldenrod attracts butterflies and finches. Find out about the owls out in the night during our HOWLeen program in October (Page 5) A great park to view fall migrant birds. Trails are good for horseback riding, mountain biking and hiking. The historic district is also the setting for several Historic District Commission and Historical Society functions this fall. (See pages 12 & 24)



Dogs are welcome when they are leashed and cleaned up after!

All Oakland Township Parks Maps are available on the Parks and Recreation pages of the Oakland Township website: [www.oaklandtownship.org](http://www.oaklandtownship.org).

If you have questions or would like more information call us at (248) 651-7810.

-Please note that all areas are unsupervised and users assume all risks and liabilities.-



For membership information contact our membership Chairperson Bonnie Mackley at [thistleandtea@yahoo.com](mailto:thistleandtea@yahoo.com)

- Sept 7 6:30pm**      **Fall Potluck at Cranberry Lake Farm Historic District -Flumerfelt Barn**  
Bring a dish to pass
- Sept 17 11am-3pm**      **Goodison Good Tyme at Bear Creek Nature Park**  
Join us for old fashioned games and fun!
- Oct 1 11am-3pm**      **Down on the Farm & Flumerfelt Flea Market** Cranberry Lake Farm Historic District  
**GAMES! PUMPKIN PAINTING! HAY RIDES AND BARN SALE!**  
Be sure to stop out for the fun and find your special treasure.
- Nov 5**      **Barn Quilt Trail** Watch for more details on this exciting community barn quilt trail!  
The Quilt Trail will be publicized locally, and a self-guided tour will be offered. A Barn Quilt Trail brochure will be available to aid in showcasing our unique local history.

**ARCHIVE ROOM NOW OPEN**

The archive room at Cranberry Lake Farm Historic District is now open to the public by appointment. The archive team is typically on-site Wednesdays from 1:00pm to 4:00 pm, but please check before heading over. To make an appointment email [othsmember@comcast.net](mailto:othsmember@comcast.net) Please remember the OTHS Archives project for your donation of Township related archives to preserve.

*~Our Township has a rich history to share and we strive to gather, preserve and protect it for future generations.~*



We conserve, sustain and connect natural areas, lands and waters that make the places we live special.

Six Rivers Land conservancy  
448 Orion Road, P.O. Box 80902, Rochester, MI 48308-0902  
248-601-2816  
[www.sixriversrlc.org](http://www.sixriversrlc.org) | [info@sixriversrlc.org](mailto:info@sixriversrlc.org)

**Juried Category Prizes:**

- First Place**      \$200
- Second Place**      \$150
- Third Place**      \$100
- People's Choice**      \$150

**Enthusiast Category:**

- People's Choice**      \$100

Entries must be accompanied with a completed submission form. See our website at [www.sixriversrlc.org](http://www.sixriversrlc.org) for complete rules and submission forms.

Submit up to five photos celebrating our natural environment in Southeastern Michigan in a JPEG (.jpg) file format to [SixRiversPhotos@gmail.com](mailto:SixRiversPhotos@gmail.com). Photo submissions will be accepted until August 24, 2016. All photos that meet our guidelines will be eligible and available for public viewing. We have two categories for submission: Juried (photo files of 5MB or greater) and Enthusiast (photo files less than 5MB). In the Juried category, the 1st, 2nd and 3rd place award winners will be determined by a distinguished panel of judges. Finalists in the Enthusiast category will be selected by Six Rivers staff with the winning entry, "People's Choice: Enthusiast," selected by attendees at the Six Rivers' Fall Celebration on September 21, 2016. Celebration attendees will also vote for the "People's Choice: Juried" winner.



• **Sunset**  
by Lu-Ming He



• **Family Portrait**  
by Wendy Fitzgerald



• **Landing**  
by Rhonda Bergen

## Controlled Archery Antlerless Deer Hunting at Stony Creek Ravine Nature Park (Other Township parks do not permit any type of hunting)

Oakland Township purchased Stony Creek Ravine Nature Park in March 2008 with 67% of our purchase cost being paid by a Michigan Natural Resources Trust Fund grant. One of the conditions of our receipt of this substantial grant was that we must allow controlled archery deer hunting at this park as part of the DNR's program to manage deer populations in southeast Michigan.

To meet this commitment, a maximum of four hunters per hunt date will be issued Township permits for antlerless archery deer hunting at Stony Creek Ravine Nature Park on restricted weekdays between October 1 and December 31, 2016. On the days when hunting will occur the park will be closed to other types of use. Signs are posted on the park perimeter indicating these days of closure.

**Hunters will be selected on a first-come, first-served basis. To be considered for this program, applications must be submitted between 8am and 4:30pm on the below-listed Mondays.**

Hunters must each hunt with a partner to participate in this program. Partners' applications must be submitted at the same time to qualify for selection. Hunters must obtain their own deer hunting license and kill tags and must obey all Township regulations and State of Michigan hunting laws. Hunters must provide their own portable blinds and will be responsible for their own field dressing and transporting of all harvested deer. No baiting of any kind is allowed.

On the application date indicated below, between 8am and 4:30pm, bring this application, a copy of your current deer hunting license, and a copy of the identification used to purchase your deer hunting license, such as a driver's license to:

Oakland Township Parks and Recreation Office,  
Paint Creek Cider Mill, 4480 Orion Road, Rochester, MI 48306

If you have questions about this procedure please call (248) 651-7810. **No mailed applications will be accepted.**

Name \_\_\_\_\_ Driver's License# \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Vehicle Plate# \_\_\_\_\_

Phone: Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Hunting Partner's Name \_\_\_\_\_ Phone: \_\_\_\_\_

Check the dates you are interested in for antlerless archery deer hunting only:

Monday, Sept 26 Application

Monday, Oct 17 Application

Monday, Nov 28 Application

*For hunt dates of:*

*For hunt dates of:*

*For hunt dates of:*

Tues/Weds, Oct 4 & 5

Tues/Weds, Oct 25 & 26

Tues/Weds, Dec 6 & 7

Tues/Weds, Oct 11 & 12

Tues/Weds, Nov 1 & 2

Tues/Weds, Dec 13 & 14

Tues/Weds, Oct 18 & 19

Tues/Weds, Nov 8 & 9

Tues/Weds, Dec 20 & 21

Waiver

Safety Zone Map

Hunter Phone Numbers

Ordinance 38A-1

Hunter Rules

Mirror Tag Permit

**Parks and Recreation Commission  
Charter Township of Oakland  
4393 Collins Road  
Rochester, MI 48306-1670**

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www.oaklandtownship.org**

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*Seal designed by  
Richard Krupp*

### **Commission Meetings**

The Parks & Recreation Commission meets at 7 pm on the second Wednesday of every month in the Township Hall Boardroom.

### **Office Hours and Location**

Park permits, maps and descriptions are available at the Parks and Recreation Department office, located on the second floor of the Paint Creek Cider Mill, 4480 Orion Road. Normal office hours are from 8am to 4:30pm Monday through Friday.

### **Parks and Recreation Commissioners**

Andy Zale, Chairman  
Alice Tombouljian, Vice Chairperson  
Roger Schmidt, Treasurer  
Dave Mackley, Secretary  
Colleen Barkham, Commissioner  
Joe Peruzzi, Commissioner  
Ann Marie Rogers, Commissioner

### **Oakland Township Parks and Recreation Staff**

Parks and Recreation Director	Mindy Milos-Dale
Administrative Assistant	Carol Kasprzak
Clerical Assistant	Deb Gallo
Recreation Manager	Becky McLogan
Maintenance Foreman	Doug Caruso
Maintenance Technician	Jeff Johnson
Natural Areas Stewardship Manager	Dr. Ben VanderWeide
Stewardship Technician	Heather Herndon
Maintenance and Recreation Staff	Clif Selent, Lou Danek, Robert Zbytowski, James Tweedie, Charles Beach



Oakland Township Park Rules are enforced by the Oakland County Sheriff's Office.

### **FOR EMERGENCIES CALL 911**

If you have information or questions concerning a reported crime or accident, call the substation at 248-652-4617 Monday-Friday, 8 am-4 pm. All other calls please use dispatch at 248-858-4950.